



P. K. DAS COLLEGE
of **NURSING**

PANAYUR (PO), VANIYAMKULAM, PALAKKAD - 679522



(Approved by Indian Nursing Council, Kerala Nurses & Midwives Council & Kerala Government
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4.2.4 Description of community-based Teaching Learning activities



4.2.4 Availability of infrastructure for community-based learning

DESCRIPTION OF COMMUNITY-BASED TEACHING LEARNING ACTIVITIES

Students of Nehru college of Nursing have a wide exposure to community-based learning.

OBJECTIVES OF COMMUNITY BASED TEACHING LEARNING

- Community based learning is designed to help students develop broad perspectives of health, its determinants, about community health nursing and understanding about the health care delivery services, health care policies and regulations in India.
- It helps the students to develop knowledge and understanding of environmental science.
- It further helps them to apply the principles and concepts of Behaviour Change Communication (BCC) and health education for health promotion and maintenance of health within the community in wellness and illness continuum.
- It helps students to practice Community Health Nursing for the individuals, family and groups at rural, urban and tribal settings by applying principles of community health nursing and epidemiological approach.
- It also helps the students to develop knowledge and competencies required to screen, assess, diagnose, manage and refer clients appropriately in various health care settings.
- It prepares the students to provide primary healthcare to clients of all ages in the community, District Hospital (DH), Primary Health Centre (PHC), Community Health Centre (CHC), Sub Centre (SC) Health and Wellness Centre (HWC) and develop beginning skills in participating in all the National Health Programs.



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COMMUNITY BASED TEACHING LEARNING ACTIVITIES

The following teaching learning activities are carried out in the community

- Build and maintain rapport
- Identify the socio- demographic characteristics, health determinants and resources of rural and an urban communities
- Participate in the functioning of PHC, CHC, SC/HWC
- Perform nutritional assessment and plan diet plan for adult
- Educate individuals/ family/community
- Perform health assessment for clients of various age groups
- Investigate epidemic of communicable disease
- Identify prevalent communicable and non- communicable diseases including emerging and reemerging diseases.
- Screen, diagnose, manage and refer clients with common health problems in the community and refer high risk clients using standing orders/protocols
- Participate in implementation of national health programs
- Participate in school health program Interviewing skills using communication and interpersonal relationship
- Conducting community needs assessment/survey to identify health determinants of a community Observation skills
- Nutritional assessment skills Skill in teaching individual/family on: Nutrition, including food hygiene and safety ,Healthy lifestyle ,Health promotion
- Investigating an epidemic – Community health survey Screening, diagnosing, primary management of common health problems in the community and referral of high-risk clients to First Referral Units(FRUs)
- Conduct home visit& Participation in implementation of national health programs
- Participation in school health program
- Screen, diagnose, manage and refer clients with common conditions/ emergencies
- Assess and provide antenatal, intra-partum, postnatal and new- born care
- Promote adolescent Health
- Provide family welfare Services



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- Screen, diagnose, manage and refer clients with occupational health problem
Screen, assess and manage elderly with health problems and refer appropriately
- Screen, diagnose, manage and refer clients who are mentally unhealthy
- Participate in community diagnosis – data management
- Participate in health center activities
- Organize and conduct clinics/ health camps in the community
- Collaborate with Mid-level Health Providers, as an integral part of the health team of HWCs, in providing Comprehensive Primary Health care.
- Prepare for disaster preparedness and management
- Recognize the importance and observe the biomedical waste management process

PROCEDURAL COMPETENCIES/ CLINICAL SKILLS IN COMMUNITY BASED LEARNING

The following procedural competencies are achieved after the community teaching learning activities

- Community Needs Assessment/ Survey Rural/Urban
- Field Visits: SC/HWC, PHC, CHC
- Water Resources & Purification Site Visit
- Rain Water Harvesting System
- Sewage Disposal Observation Visit
- Milk Diary
- Slaughterhouse / Meat Processing Unit
- Observation Of Nutrition Programs
- Visit To Market
- Health Teaching
- Use Of Audio-Visual Aids -Flash Cards ,Posters .Flannel Graph .Flip Charts
- Health Assessment Of Woman , Infant/Under Five , Adolescent , Adult
- Growth Monitoring Of Under-Five Children
- Maintain Family Record and Health Center Record
- Community Health Survey To Investigate An Epidemic
- Conduct Home Visits



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- Participation National Health Programs
- Participation In School Health Program
- Screening, diagnosing, Primary management and care based on standing orders/protocols approved by MOH&FW Minor ailments, Emergencies, Dental problems , Eye problems ,Ear, nose, and throat problems, High risk pregnant woman ,High risk neonate , Assessment of antenatal ,Intra-partum ,Postnatal Newborn
- Conduction of Normal delivery at a Rural hospital / Health Center and documentation
- Family planning counselling
- Screening, diagnosing, management and referral of clients with occupational health problems
- Organizing and conducting Antenatal/ underfive clinic/ Health camp
- Participation in disaster mock drills
- Field visit to biomedical waste management site
- Visit to AYUSH clinic

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4.2.4 Details of Rural and Urban Health Centers involved in Teaching Learning activities and student participation in such activities



4.2.4 Details of Rural health centers involved in teaching learning activities

Year	Name of the centre	Population	Students participated
2022-2023	FHC, Vaniyamkulam	33642	149
	PKDIMS Rural health centre, Thiruvilwamala	24718	149
2021-2022	FHC, Vaniyamkulam	33642	118
	PKDIMS Rural health centre, Thiruvilwamala	24718	118
2020-2021	PHC, Vaniyamkulam	31,219	100
	PKDIMS Rural health centre, Thiruvilwamala	24718	100
2019-2020	PHC, Vaniyamkulam	31,219	97
	PKDIMS Rural health centre, Thiruvilwamala	24718	97
2018-2019	PHC, Vaniyamkulam	31,219	77
	PKDIMS Rural health centre, Thiruvilwamala	24718	77



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4.2.4 Details of Urban health centers involved in teaching learning activities

Year	Name of the centre	Population	Students participated
2022-2023	CHC, Shoranur	47680	149
	FHC, Ongallur	43271	149
2021-2022	CHC, Shoranur	47680	118
2020-2021	CHC, Ambalappara	1,81,075	100
	Urban health centre, Kulappully	4000 / 2 ward	100
2019-2020	CHC, Ambalappara	1,81,075	97
	Urban health center, Arani	11480	97
2018-2019	CHC, Ambalappara	1,81,075	77
	Urban health centre, Chunangad	6300	77



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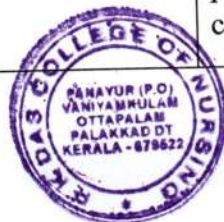
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**STUDENTS PARTICIPATED IN URBAN/ RURAL HEALTH CENTRE
COMMUNITY TEACHING LEARNING ACTIVITIES**

S.NO	URBAN/ RURAL HEALTH CENTRE	PROGRAMME	Number of students participated in such activities
ACADEMIC YEAR 2022-2023			
1	Vaniyamkulam Gramapanchayath	Awareness program on mosquito control measures	10
2	Vaniyamkulam Gramapanchayath	Health education program on house hold waste management	10
3	Community HealthCenter ,Shornur	Awareness program on hazards of ecosystem destruction	10
4	Community HealthCenter ,Shornur	Awareness program on prevention of accidents	10
5	Emmanual Geriatric Care	Awareness programme on diet among old age people	36
6	Government Deaf and Dump School , Kanniyampuram	Medical Camp on Deaf and Dump Government School , Kanni and Government Deaf and Dump School , Kanniyampuram	30
7	NSS and Vayomithra Unit Ottappalam ,Pisharadi Auditorium, Kanniyampuram	Onam with Golden ages	29
8	TRK Higher Secondary School Vaniyamkulam	School Health Programme	57
9	TRK Higher Secondary School Vaniyamkulam	World AIDS Day EQUALIZE	58
10	Community HealthCenter ,Shornur	Awareness programme on prevention of non - communicable diseases	10



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11	Primary Health Center ,Lakkidi	Health Education programme on emerging diseases and its prevention	10
12	Vaniyamkulam Gramapanchayath	No to drugs : Awareness campaign	57
13	Primary Health Center ,Lakkidi	Breast Feeding Week 2K22 - Awareness program	30
14	NSS and Government Vocational Higher Secondary School ,Koonathara	Exhibition of Herbal Plants	60
15	NSS and Government Vocational Higher Secondary School ,Koonathara	Arogyamela	60
16	Rural Unit For Health and Social Affairs ,Vellore	Awareness programme in Rural Unit for Health and Social Affairs (RUHSA)	60
17	SICOMS College Pathiripala and Government ITI College Vaniyamkulam	World No Tobacco day	54
ACADEMIC YEAR 2021-2022			
1	Primary Health Center Vaniyamkulam	HIV Awareness Campaign	60
2	Community HealthCenter ,Ambalapara	World Antimicrobial Awareness Week	32
3	Health Check up	Polygarden, Lakkidi ,Palakkad	17
4	Emmanuel Geriatric Care , Thiruvilwamala	Nutrition fest	18
5	Polygarden,Lakkidi	International Day of Persons with Disabilities	60
6	Community Health Centre,Ambalapara	COVID 19 vaccination campaign	35
7	Family Health Center , Vaniyamkulam	World Breast Feeding	40


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ACADEMIC YEAR 2020-2021			
1	Primary Health Center ,Vaniyamkulam	Pulse Polio Immunization	47
2	Primary Health Center ,Vaniyamkulam	Poshan Pakhwada 2021: Awareness Class and exhibition	60
3	Family Health Center ,Vaniyamkulam	Health Awareness programme World Tuberculosis Day	60
4	Primary Health Center , Vaniyamkulam	Awareness class on COVID 19	57
5	Department of Community Health Nursing	First Aid Clinic in Chinkathoor Pooram	4
ACADEMIC YEAR 2019-2020			
1	Vaniyamkulam Gramapanchayath	Awareness Programme for Kudumbasree unit	37
2	Government Higher Secondary School, Koonathara	Sanitation Campaign	38
3	Vaniyamkulam Gramapanchayat h	Pulse Polio Immunization	57
4	NSS College Ottappalam	Health camp	37
5	Pattambi Municipality	Santhwanam Home Health Screening	1
6	Community Health Centre,Ambalapara	Health awareness programme on Geriatric	37
7	Community Health Centre,Ambalapara	Paliative Care day	38
8	Community Health Centre,Ambalapara	Disability awareness campaign	35
9	Community Health Centre ,Ambalapara	international diabetic day	37
10	LSN Higher Secondary School , Ottappalam	School Health Programme- health assessment	38
11	Primary Health Centre Vaniyamkulam and Community	Palliative Care Services	37



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	Health Centre Ambalapara		
12	and LSN Higher Secondary School ,Ottappalam	Adolescent Health education and Services	37
13	LSN Higher Secondary School ,Ottappalam	Dental screening programme	38
14	Vaniyamkulam Gramapanchayath	Mass Drug Administration	33
15	Vaniyamkulam Gramapanchayath	awareness programme- common medicinal plants and uses	56
ACADEMIC YEAR 2018-2019			
1	Department of Community Health Nursing	World AIDS day	38
2	Family Health Centre, Vaniyamkulam	World Tuberculosis Day	38


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